

IFMSA e-Newsletter (issue #3) (limit to 300 words)

Memories of Brazil 2015

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Why do you need to choose Brazil? Because it's amazing! Everything! People, practice, nature, weather, Amazon...

Brazilian people are very nice. Despite they are not very responsible and don't take care about the time they are very hospitable. You can ask everybody in the street to help you and the will, even if they don't speak English.

The academic experience was the best I've ever had. The great thing was that I was allowed to do some small procedures by myself. The operations I've seen impressed me. Brazil is really very good in plastic surgery. And the tutors and residents tried to explain me everything, hopefully the majority speak English.

Among the things you definitely need to do there: try local food, it's very delicious, especially meat; dance samba, try caipirinha, but only one because it's strong;-), enjoy exotic fruits and fresh juices. And of course visit Amazon!..

...Because the jungles were greatest thing I saw in Brazil or anywhere! I found a guy in couchserfing who is a touristic guide and has his own company:

http://www.amazonecodiscoveries.com/. Billy is the best of the best! It was he who was guiding Bear Grylls during the Amazon movie shooting! I saw and pet many animals: caimans, sloths, birds, snakes, etc. I ate worms from the palm seeds and used the natural mosquito method – ants. I caught piranha, "bit it before it had bitten me" and ate. I also really enjoyed a camping night out in the jungle, a dinner with native people, a jungle track and lessons of surviving.

Definitely I would recommend visiting Brazil! Especially if you want to have a really good practice. Especially if you are adventurous! Especially if you want to have great memories!