

HEADSHOT:



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My exchange in Trujillo:

Last summer I spent two month in Peru. At the beginning I was really nervous because I had no idea what to expect. Before I started my journey from Austria, I talked with my contact person, who explained me, everything and cleared me some doubts. He picked me up from the bus station in Trujillo, where I arrived from Lima; and brought me to my new home for the next month. I lived there with a very nice family, the family of a medical student like me; I still miss those long talks about everything; we had more in common of what I thought. Everyday after hospital I got back home and my Peruvian family was waiting for me to start lunch, I really felt like part of them. It was a really nice family and I got to know the Peruvian way of life.

Five days after my arrival, my internship started at the department of general surgery in the hospital “Belen”. The first day, my IFMSA contact introduced me to the holder-doctors, residents and interns, which were quite helpful. The next four weeks I spent everyday from 8am until 2pm at the Emergency Room. Besides from that I also joined every week a nightshift. The doctors taught me a lot and I was also allowed to sew and evaluate patients on my own.

Apart from the hospital work, the social program was really well organized by the medical students from the Local Committee. I never felt bored because almost everyday there was a trip or we went somewhere to get a coffee or something to eat.

It was so awesome: I practiced sandboarding and surfing by first time in my life, learned a lot about the culture of Peru in archaeological sites like Chan-Chan and Huacas del Sol y la Luna; and tried all the special and delicious Peruvian foods and desserts.

After the month in Trujillo, I spent one more month in Peru traveling around the country. I climbed Machu Picchu, perspired in the Peruvian jungle, danced with Titicaca Lake residents and learned how great life there could be. After the travelling, I returned to Trujillo for a few days before I started my trip back to Austria.

Summing up, it was an amazing time in Peru. I met so many extraordinary people, improved my Spanish and acquired new medical skills. I hope I will soon return to the country, in which once I felt like in home, and will always be in my heart.



