

Experience from exchange in Italy

In June 2015., I was on exchange in Italy, in Sassari, Sardinia. The concept of exchange is meant professional practice for a period of one month. At the outset I would like to mention that I was a bit skeptical and was about all that, but now I think that was the best decision I made. For some reason I have harbored animosity toward the Italians, but after spending a month in Sardinia have a diametrically opposite opinion. The practice I worked at the University Hospital, department of general surgery, where I had good mentor. Specially I was thrilled with "healthy" working atmosphere at the hospital. The time spent in the hospital was very constructive. Mentor was extremely dedicated and open to cooperation, which I was surprised. I am particularly keen on doctor - patient relationship, since it is paid maximum attention to the issue of the patient. I had the opportunity to attend a variety of surgical procedures, and I, therefore, most of the time in operating rooms, where employees showed maximum helpfulness. I am also in agreement with the mentor and stayed in the hall for endoscopy, but also in the emergency department, where they were shown me the opportunity to work with them. This entailed the treatment of surgical wounds, placement and removal of surgical sutures. I was surprised withenthusiasm which has doctors to operate. I would have much more to say of their work in the hospital, **that was experience that money can't buy.** Their everyday life is that examination of patients lasts up to an hour, even on one occasion I was present when the supervisor used an anatomical atlas that would be better put to the patient the issues of disease. In addition to mentors and other employees, physicians were open for cooperation.

As for accommodation, I was in a dorm with other international students, who were at that time also work placements. Homes have quality and I think that state in conditions in the real sense of the word reflect the dorm. I also had the opportunity to eat in their cafeteria, which is characterized by a rich and remarkable variety of food. We must not forget that the Mediterranean diet is one of the best in the world. Each of the students who came to the exchange had allocated a contact person from their home university. For these people, I have only words of praise. They're organized various social programs, visits to other cities, dinners and so on. Also, we were lucky that we practice carried out during the summer, so we used to go to the beach, which is adorned dodadno already existing situation.

All in all, I think it was an extraordinary experience leaves, both from the professional as well as the social side, since I met people from different parts of the planet, with whom she still maintains contact. Still, I would like to order other people who are thinking about going on exchange, that's a hit, and perhaps one of the most beautiful period of my life.

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