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**In January 2015 I had the opportunity to complete my medicine clerkship in Toluca – Mexico. I chose this city because a friend had been there before and she gave me good references from both: hospital and city.**

**I made my clerkship in the emergency area. I worked from 7 am to 3 pm o'clock, and I confess that I was quite surprised by the structural quality and hospital technique that is public, it was very well organized, rich in material, has its own blood bank, laboratory analysis, ample space, reference region in the fields of transplants, ophthalmology, cardiology, traumatology, gastroenterology, neurology, nephrology, and medical professionals, residents, nurses and internal very competent and interested in passing on knowledge. Another thing that really impressed me was the trust of the physicians in allowing us to do procedures such as drawing blood, making the blood gases, instrument central venous access, cleaning wounds, all that things made us more confident. My impression was very positive in relation to this system that even though public work with the quality and competence of a private. My supervisor in the Hospital Chief of Emergency Service and Emergency was Doctor Cristian Hugo Santos Gonzalez, who allowed me to visit some areas outside of urgency, how to track an endoscopy, a leg amputation surgery, eye examination and operation of the blood bank .**

**During my stay, beyond the stage, I took the opportunity to know more about the city, see the sights, go to some events held for the exchange students, and studied about some issues that doctors asked. Regarding the city's tourism, I met Cosmovital Botanical Garden, Central Square, Toluca Cathedral, Centro Cultural Mexiquense, Candy Market, School of Medicine (UAMex), Teotihuacan Archaeological Zone, Valle de Bravo, Basilica of Guadalupe, Mexico City (the capital) and Shopping Toluca.**

**About Social Program, there was a option to do trips in the bus of the college , there were some parties in the homes of students who were in entertaing also. Sometimes we went out to dinner, and once was a party made in which all representatives of their countries of naturalness, at this moment the incomings should make a food and a typical drink and present for all, as well as music, flag and customs; finally we attended a gala dinner at which certificates were being participants in a course of surgery called passantiá what was happening with our exchange.**

**Regarding the accommodation, the LEO responsible for me, told me that**

nobody will be accommodated me, so I stayed in the hotel. I travelled to Mexico with my relatives, so this is not was a problem. Nevertheless, I almost always drink coffee in the hospital with internal and always had lunch in the restaurant of medical school with the other exchange students.

My medicine clerkship in Mexico was amazing and perfect in many points, because I made new friends, I practiced my Spanish, I trained medical skills, furthermore I met a new country and even a new climate. Wether in México is different from Brazil and the culture is very rich. I can say that who goes to México will not regret, specially who goes to Lic Medical Center (ALM) and will say like me “I back different to my country because a piece of me stayed in México.”